

Uniform Requirements and Reminders

This document is intended to provide a brief overview of uniform requirements

KEY POINTS REGARDING LEGALITY

1. Jerseys must be identical for all regular players (non-Libero).
2. Uniforms must be numbered in a permanent manner using Arabic numerals.
 - a. Numbers 1-99 are legal. Numbers 0, 00-09 are not legal and will not be permitted
 - b. Number minimum height: Front 4"; Back 6". Recommended: Front 6"; Back 8".
 - c. The stripe forming the number must be solid with a minimum width of 3/4".
 - d. The stripe forming the number must clearly contrast with the jersey. See Diagram A
3. Uniform numbers must be clearly visible and centered side to side on the front and back of the jersey. Numbers are recommended to be placed on the upper half of the jersey. Numbers may not extend below the player's waist or be tucked into the uniform bottoms. See the Number Placement Guide in this document. The main goal is to see the number at a glance. Placement and size are factors.
- 5. The Libero must wear a jersey that clearly contrasts with and has a different dominant color(s) from the jersey of their teammates.**
- 6. Players are prohibited from wearing Crocs and may not be eligible to play in matches if attempted**

Certain combinations of colors do not meet any standard of contrast. Some are, but are not limited to, black/navy; red/maroon/burgundy; black/dark green; white/light yellow; and navy/maroon and holographic. Such combinations must be avoided. One way to get a better idea of contrast is to take a photo of both jerseys and convert it to monochrome (grayscale). If it is difficult to determine which is which, this combination should be avoided.

Since contrast can be subjective (eye of the beholder, lighting, wetness) some jersey combinations like (black/gray) may be IN THE MARGIN. If a team chooses such a combination, it is recommended that an additional jersey, which will provide a CLEARLY CONTRASTING combination, be available.

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NUMBER PLACEMENT GUIDE



1. Front

LEGAL



1. Back



2. Front

LEGAL



2. Back



3. Front

Legal
Recommended to
be higher



3. Back

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LOGOS / TEAM NAMES PLAYER NAMES Placement



Logos may be placed anywhere on the jerseys providing:

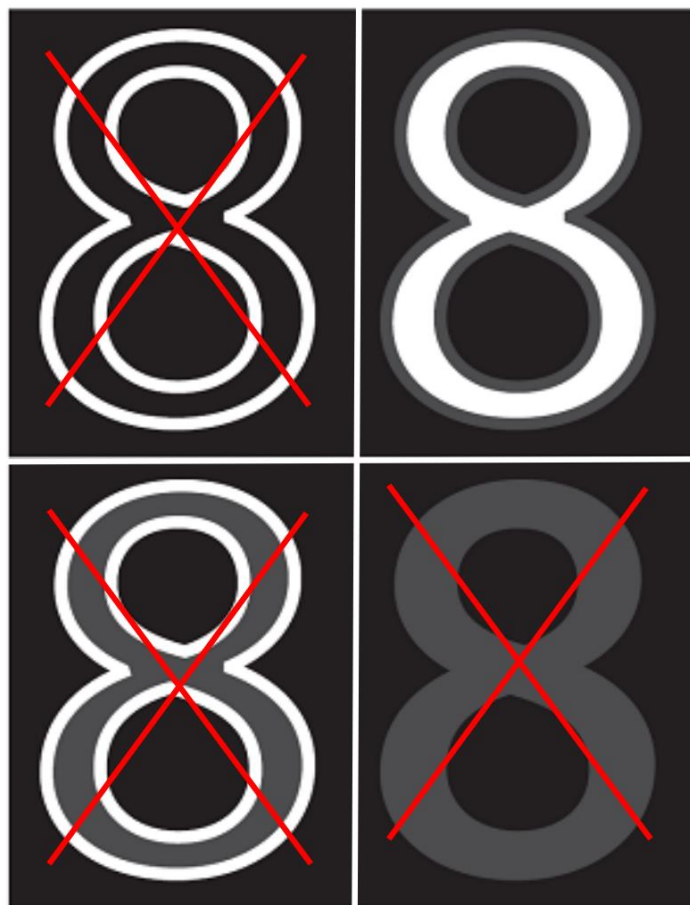
1. The number is placed legally.
2. The visibility/readability of the number is not hindered.
3. The contrast of the jersey is not affected.

With respect to the other jersey (libero or regular jersey)

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In this example, the only one of these numbers that is legal is the upper right number. It is a white number on a black background. That would make the number contrast to the jersey color. The number may have a border, but the border does not have to contrast. The other numbers are either black on black or dark gray on black, which are not contrasting.

DIAGRAM A



While **Crocs** might be comfortable for casual wear, they are **not recommended** for playing volleyball. Let me break it down for you:

1. **Shoes:** When playing volleyball, it's crucial to wear the right shoes. Court athletic shoes are designed specifically for sports like volleyball. They provide good lateral support, cushioning, and traction for the quick movements and jumping involved in the game¹. So, ditch the Crocs and opt for proper court shoes!
2. **Rules:** For safety, and to prevent injury crocs will not be allowed there are other rules you should be aware of. For example, crossing the centerline under the net, touching the net, or stepping on or over the attack line during a back-row attack is not allowed So, focus on proper footwear and follow the rules to enjoy your volleyball game!

Remember, volleyball is all about movement, agility, and teamwork. So, leave the Crocs for leisurely strolls and choose appropriate gear for the court! 🏐👟